



# EVEREST BASE CAMP & GOKYO

## A Glimpse of Each Day

- Day 01: Welcome to Kathmandu!
- Day 02: Explore Kathmandu: Kathmandu Durbar Square, Boudhanath, and Pashupatinath
- Day 03: Explore Patan, and on to Ramechhap
- Day 04: Flight to Lukla, Trek to Monjo
- Day 05: Trek from Monjo to Namche Bazaar [3450m]
- Day 06: Rest Day in Namche Bazaar
- Day 07: Trek from Namche Bazaar to Tengboche [3846m]
- Day 08: Trek from Tengboche to Dingboche [4300m]
- Day 09: Rest Day in Dingboche
- Day 10: Trek from Dingboche to Lobuche [4930m]
- Day 11: Trek from Lobuche to Gorak Shep, Visit Everest Base Camp [5357m]
- Day 12: Trek from Gorak Shep to Dzongla [4830m], Climb Kala Pattar [5554m]
- Day 13: Trek from Dzongla to Gokyo [4700m], via Cho La Pass
- Day 14: Rest day in Gokyo, Climb Gokyo Ri [5400m]
- Day 15: Trek from Gokyo to Dole
- Day 16: Trek from Dole to Namche
- Day 17: Trek from Namche Bazaar to Lukla [2800m]
- Day 18: Fly from Lukla to Ramechhap, Drive to Kathmandu
- Day 19: Free Day in Kathmandu
- Day 20: Depart Kathmandu